

POWERED BY

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A ZOMATO GIVEBACK



#### A Message from the President

It is with immense gratitude and a sense of accomplishment that I address you in this monthly report of Mahesh Foundation. At the outset, I extend my heartfelt thanks to Feeding India for the unwavering support in our mission to provide nutritious meals to these underprivileged children.

In the past month, Mahesh Foundation has continued its tireless efforts to ensure that no child goes to bed hungry. The support extended by Feeding India has been instrumental in our success.

We are grateful to you for joining hands with us and collaboratively working to fight hunger and malnutrition. With your assistance, we aim to expand our reach and provide nutritious meals to even more children in need.

As we look ahead, our commitment to our cause remains unwavering. With the continued support of Feeding India and all our well-wishers, we are confident that we can create a brighter, more hopeful future for the children we serve.

Thank you once again for your invaluable support.

Warm regards,







# Beneficiaries nurtured by Mahesh Foundation with the support of Feeding India

Ashakiran Care Home Children	119
Utkarsha Learning Center Children	551
Aadhar Vidya Community Children	1097

Meals Served	89,094
Breakfast Served	16,641
Lunch Served	16,641
Evening Snacks Served	39,171
Dinner Served	16,641

Meals Served (Girls)	52,260
Meals Served (Boys)	36,834
Total	89,094







# Our Collective efforts to Combat Hunger and Malnutrition

The Daily Feeding program has significantly improved the nutritional wellbeing of underprivileged children, especially those facing health challenges. By providing high-quality, well-balanced meals, the program addresses their heightened nutritional needs, enhancing their overall health and immune system. This support has empowered them to better combat infections and diseases, contributing to their long-term well-being. Moreover, the program's impact extends beyond health benefits, as it effectively tackles malnutrition among vulnerable youngsters, fostering healthy growth and development.







#### Impact of Daily Feeding Program on the Children

The impact of Feeding India's program on the daily feeding initiative for children has been highly effective in addressing malnutrition among vulnerable youngsters. Previously, children who faced malnutrition and its adverse effects on their growth and development now have access to well-balanced meals that provide essential nutrients. This contributes to the healthy growth and development of these children.

Feeding India's Daily Feeding Program has brought about a signicant and positive transformation in the lives of these children. It has not only improved their nutritional intake and bolstered their immune systems but has also increased school attendance, fought against malnutrition, and, overall, promoted their well-being. The Mahesh Foundation extends heartfelt gratitude to Feeding India for their invaluable support in making this positive change possible.







#### **Utkarsha Learning Center Children Celebrate World Environment Day**

Children at Utkarsha Learning Center embraced World Environment Day with enthusiasm, nurturing nature by planting saplings. The activity not only educated the children about the importance of greenery and biodiversity but also instilled in them a sense of responsibility towards the planet.







### Volunteer Inspires Creativity and Environmental Responsibility for the Children at Utkarsha

A volunteer recently visited Mahesh Foundation's Utkarsha Learning Center and captivated the children with an inspiring demonstration of craft models made from waste materials. This hands-on session not only showcased the creativity and versatility of repurposing discarded items but also instilled a sense of environmental responsibility among the children.







#### Morning Exercise Routine of the Children at Utkarsha Learning Center

At the Utkarsha Learning Center, the children eagerly participated in their morning exercise routine. Under the guidance of their instructors, the session began with light stretching exercises. The morning exercise not only promoted physical well-being but also instilled a sense of discipline and camaraderie among the students.







## Children Embrace Yoga for Physical Health and Mental Well-Being on International Day of Yoga

On International Day of Yoga, children at Utkarsha Learning Center participated enthusiastically in a special yoga session. The event highlighted the importance of incorporating yoga into daily routines to promote physical health and mental wellbeing. Under the guidance of experienced instructors, the young participants engaged in various asanas and breathing exercises.







Thank you for your generosity, compassion, and unwavering commitment to our cause. Together, we are making a tangible impact on the health and well-being of vulnerable children, empowering them to thrive and reach their full potential.

