



#### A Message from the President

I am delighted to share with you the latest monthly activities and accomplishments of Mahesh Foundation. Our ongoing partnership with Feeding India continues to be a beacon of hope and transformation for the children under our care.

Throughout the past month, Mahesh Foundation has remained steadfast in its commitment to providing holistic care and support to vulnerable children, especially in the realm of nutrition. With the generous support of Feeding India, we have been able to make significant strides in our mission to ensure that no child goes to bed hungry. The highlight of this month's activities lies in the provision of nutritious meals to the children attending our school and residing in our care home. These meals, carefully curated and provided by Feeding India, have not only satisfied the immediate hunger pangs of the children but have also laid the foundation for their overall health and well-being.

As we reflect on the accomplishments of the past month, we are reminded of the power of collaboration and collective action in driving positive change. On behalf of Mahesh Foundation, I extend my heartfelt gratitude to Feeding India for their unwavering support and dedication to our cause.

We look forward to continuing our journey together.

With warm regards,

Mahash Jadhay Founder

Feeding India

# Beneficiaries nurtured by Mahesh Foundation with the support of Feeding India

Ashakiran Care Home Children	119
Utkarsha Learning Center Children	551
Aadhar Vidya Community Children	1097
Meals Served	61,685
Breakfast Served	8,888
Lunch Served	8,888
Evening Snacks Served	35,021
Dinner Served	8,888
Meals Served (Girls)	38,150
Meals Served (Boys)	23,535
Total	61,685



#### **Nutritional Impact:**

At Mahesh Foundation, we prioritize the health and well-being of the children under our care. Through the support of Feeding India, we have been able to provide nutritious meals to our students in both the school and care home settings. The impact of these meals on the nutritional status of the children has been profound and positive.

#### Improved Health and Energy Levels:

The nutritious meals provided by Feeding India have significantly contributed to improving the overall health of the children. With a balanced diet rich in essential nutrients, vitamins, and minerals, the children have experienced increased energy levels, enabling them to actively participate in academic, extracurricular, and daily activities.

#### **Enhanced Growth and Development:**

Nutritious meals are fundamental for the physical and cognitive development of growing children. Through regular access to balanced meals, we have observed noticeable improvements in the growth parameters of the children, including weight gain, height development, and overall physical strength.

#### **Boosted Immunity:**

A well-balanced diet plays a crucial role in strengthening the immune system, protecting children from illnesses and infections. By providing wholesome meals, we have witnessed a decrease in the frequency of illnesses among the children, leading to fewer absenteeism days from school and improved overall attendance.



#### **Cognitive Function and Academic Performance:**

Proper nutrition is closely linked to cognitive function and academic performance. With access to nutritious meals, the children have demonstrated enhanced concentration, focus, and cognitive abilities, translating into improved academic performance and learning outcomes.

#### **Development of Healthy Eating Habits:**

Through the provision of nutritious meals, we not only address immediate nutritional needs but also strive to instill healthy eating habits that will benefit the children in the long term. By experiencing the benefits of a balanced diet firsthand, the children are more likely to make healthier food choices and adopt nutritious eating habits in the future.





### Soumya Bades

Living in the slum of Belagavi, Soumya Shivashankar Bades faced numerous challenges, but her determination to pursue her dreams never wavered. Despite financial constraints, she was a bright student at Mahesh Foundation's Utkarsha Learning Center, where her passion for learning and desire to become a teacher burned brightly. However, one crucial element was missing from her life: nutritious meals. Her poor family struggled to afford even basic necessities, let alone ensure that Soumya received the proper nutrition she needed to thrive.

Fortunately, a ray of hope entered Soumya's life in the form of Feeding India. Through their support, Soumya and her peers at Utkarsha Learning Center began receiving nutritious meals daily. This simple yet profound intervention made a world of difference, not just in their physical well-being but also in their academic performance and overall outlook on life. With their bodies nourished, their minds were free to absorb knowledge and explore their potential to the fullest.





Soumya's journey is a testament to the transformative impact of access to education and proper nutrition, especially for children living in underprivileged communities. With the support of Feeding India, she found the resources she needed to pursue her dreams without being held back by hunger or poverty. As Soumya excelled in her studies and blossomed into a confident and enthusiastic learner, her aspirations of becoming a teacher grew stronger, fueled by the belief that education can break the cycle of poverty and empower individuals to create a brighter future for themselves and their communities.

Today, Soumya stands as a shining example of resilience, perseverance, and the power of collective action to change lives. Her journey from the slums of Belagavi to the corridors of education is a source of inspiration for many, highlighting the importance of holistic support systems that address not just academic needs but also the fundamental requirements for healthy growth and development. Through her determination and the support of organizations like Feeding India and Mahesh Foundation, Soumya's story illustrates that every child deserves the opportunity to thrive, regardless of their circumstances.





After hard work for the entire year, the most awaited day has arrived. Today we announced the results for the academic year 2023-24. Congratulations to all the students of Mahesh Foundation's Utkarsha Learning Center for their outstanding academic achievements! These grades not only reflect academic achievement but also symbolize the journey of growth.

## Utkarsha Learning Center Pays Tribute to Dr. B. R. Ambedkar on his Jayanti.

We at Utkarsha Learning Center commemorated Dr. B. R. Ambedkar Jayanti with reverence and enthusiasm, honoring the legacy of the visionary leader and architect of the Indian Constitution. The children learned about Dr. Ambedkar's contributions to social justice, equality, and empowerment.





# Utkarsha Children Exploring the Wonders of Wildlife!

Children at Utkarsha Learning Center got an opportunity to tour Kittur Rani Channamma Zoo in Belagavi. From majestic lions to graceful deer, the zoo offered a glimpse into the fascinating biodiversity of our planet. The children were happy and enthusiastic during their visit to the zoo.



## Utkarsha Learning Center Welcomes Parents and Students for Admission Process.

We at Utkarsha Learning Center provide quality and free education to underprivileged children. The parents and children visited for the admission process for the academic year 2024-25. With anticipation and hope, parents discussed the educational journey ahead for their children with the teachers, while the young ones eagerly explored their potential new learning environment.



# feeding India

# Thank You

Thank you for your generosity, compassion, and unwavering commitment to our cause. Together, we are making a tangible impact on the health and well-being of vulnerable children, empowering them to thrive and reach their full potential.

