

IMPACT REPORT OF DAILY FEEDING PROGRAM

June 2023



POWERED BY

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A ZOMATO GIVEBACK



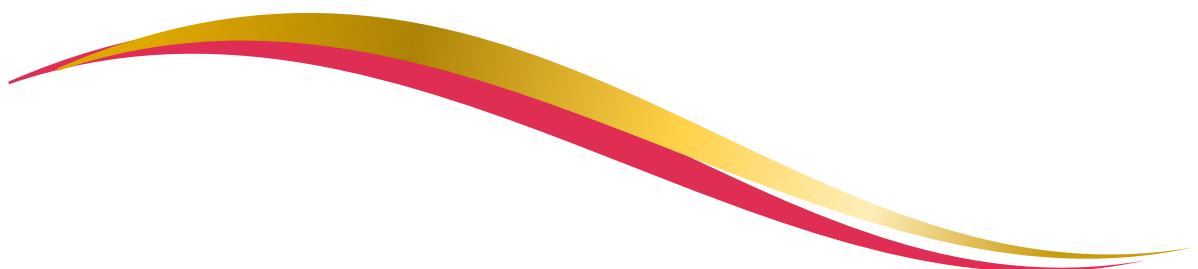
**Mahesh
Foundation**
We Care for Uncared

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The Daily Feeding program has significantly improved the nutrition levels of children, particularly HIV infected children. By providing them with quality and well-balanced meals, the program helps address their increased nutritional needs. This, in turn, supports their overall health and enhances their ability to fight infections. The nutritious food provided helps bolster their immune power, improving their resistance to diseases and infections. This is crucial for their well-being and long-term health.

The availability of regular, nutritious meals through the daily feeding program has led to increased school attendance among underprivileged children. Previously, children from impoverished backgrounds might have skipped school due to hunger or lack of proper nutrition. However, with the assurance of a nourishing meal, more children are motivated to attend school regularly, leading to improved educational outcomes.



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Impact of Daily Feeding Program on Children

The daily feeding program has been particularly effective in addressing malnutrition among vulnerable children. Children who previously suffered from malnutrition and its detrimental effects on growth and development now have access to well-rounded meals that provide essential nutrients. This promotes healthy growth and development.

The Daily Feeding Program has made a significant positive impact on children's lives by improving their nutrition, enhancing their immune power, increasing school attendance, combating malnutrition, and promoting their overall well-being.

Mahesh Foundation takes a moment to express sincere thanks to Feeding India for their precious support.



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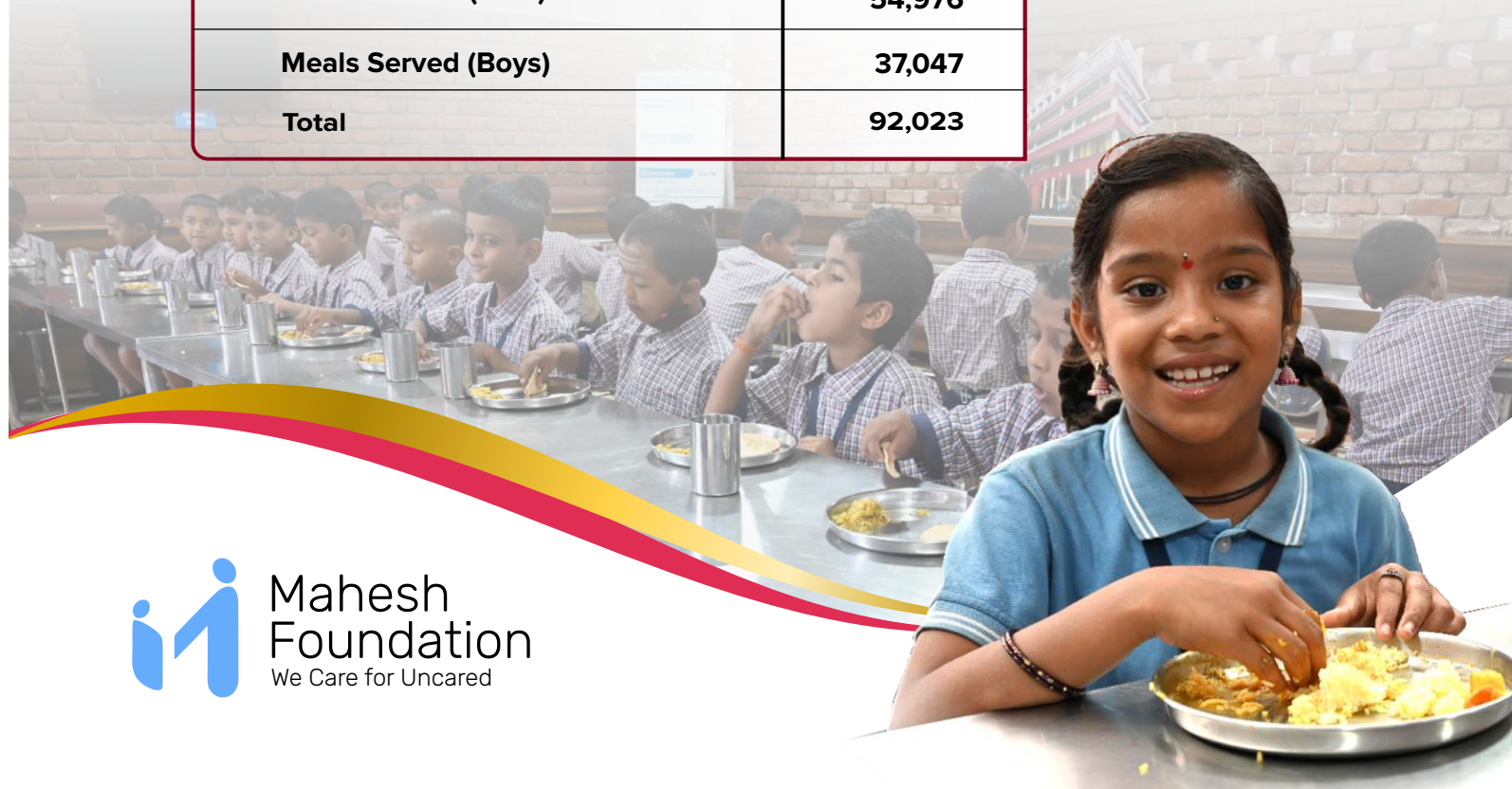
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**Beneficiaries nurtured by Mahesh Foundation
with the support of Feeding India**

Ashakiran Care Home Children	119
Utkarsha Learning Center Children	551
Aadhar Vidya Community Children	1497

Meals Served	92,023
Breakfast Served	17,263
Lunch Served	17,263
Evening Snacks Served	40,234
Dinner Served	17,263

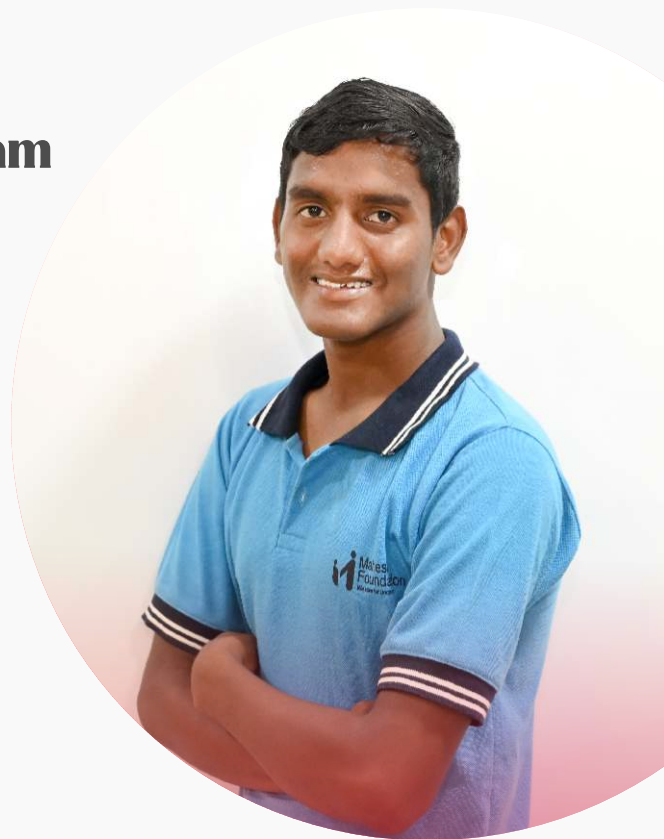
Meals Served (Girls)	54,976
Meals Served (Boys)	37,047
Total	92,023



The details of a child before the inception of daily Feeding Program

Child Name – Shrishail

Health status	- HIV-Positive
Physique	- Medium
Weight	- 40 Kg
Nutrition level	- Moderate
Immune Power	- Low
Academic performance	- Good
Participation	- Shows Interest



The progress of a child after the inception of daily Feeding Program

Health status	- HIV-Positive
Physique	- Improved
Weight	- 45 Kg
Nutrition level	- Improved Than Earlier
Immune Power	- Good
Academic performance	- Good
Participation	- Increased

Impact

Shrishail was born in Peeranwadi, he is an orphan child, his parents left this world when he was very young. There was no one to take care of him after his parent's death and he was unaware of his health status. His parents were HIV infected which caused severe illness and resulted in their demise. You can think how the child will feel after his parent's death and no relatives came to console him and he was neglected.

On one side he has a deadly disease within him and on the other side, there is no one who can help and console him. Being HIV positive Shrishail was ignored by all his relatives which made him even weaker than earlier. His grandfather contacted Mahesh Foundation then we came to know about Shrishail and his condition, then he was enrolled at Mahesh Foundation's Ashakiran care home. He was severely infected by HIV and his physique was not in a condition to bear the pain of illness caused by the disease. It took several days to bring him to normal condition, our care home environment, nutrition, healthcare service transformed his life.

Now Shrishail is living with his friends at our care home and going to school pursuing education with good grades. Mahesh Foundation has totally changed his life, also providing all the facilities and taking care of Shrishail very well. As a result of proper care and the provision of medicine, the child started recovering from his illness and living happily with his new friends. It was a bit difficult for us to provide nutritional food to hundreds of children like Shrishail, then feeding India joined hands with us and started the daily feeding program. Now he is healthy and happily living his life.

The details of a child before the inception of daily Feeding Program

Child Name – Krutika

Health status	- HIV-Positive
Physique	- Weak
Weight	- 33 Kg
Nutrition level	- Poor
Immune Power	- Low
Academic performance	- Low
Participation	- Rare Participation



The progress of a child after the inception of daily Feeding Program

Health status	- HIV-Positive
Physique	- Improved
Weight	- 35 Kg
Nutrition level	- Improved
Immune Power	- Improved
Academic performance	- Scores Well
Participation	- Improved and showing interest to participate in activities

Impact

Krutika was born into a poor family in the small village of Kagadal of Savadatti. She was living a happy life with her family and was unaware of this disease until her parent's death. She was too young when she lost her parents due to the deadliest disease. That hit her so badly and completely destroyed the family environment. There is no hope for her after her parent's death, somehow she got shelter in her relative's home, but day by day she faced many difficulties and her condition became worse. Her relatives were unable to afford all these expenses, which affected her health condition so badly and she faced several critical health issues. She lost her hope of living a healthy life and was enrolled in the government hospital but her condition was so bad that she was unable to stand stable on her feet then Krutika's aunt enrolled in her Mahesh Foundation's Ashakiran care home.

At the time of enrollment, Krutika's condition was so poor. We helped her recover from illness by providing proper care, nutrition and healthcare facilities. And now she has started living her healthy life like others. Currently, she is studying in the 9th class and actively participates in every activity conducted in school and care home. From death bed to living a healthy life has completely changed her life. We are so happy that many children like Krutika are living a healthy and dignified life.

Just like Krutika, we have hundreds of HIV-infected children with us, who don't have any other support except our care home. It was a bit challenging for us to provide nutritional and healthy meals to these hundreds of children. Feeding India has come forward to support us and help us provide nutritional and healthy meals to children like Krutika.

We would like to thank Feeding India for their precious support to provide meals for medically challenged and underprivileged children. We are happy to associate with Feeding India. Once again thank you Feeding India for supporting us to feed these children.

Number of beneficiaries getting support through the Daily Feeding Program 1500+





Children utilizing school bus facility

We provide transportation facilities for the children's safe conveyance. This school bus has solved the problem of the children. Before the school bus, children used to travel a long distance to attend classes and faced many problems while crossing the road. But not anymore this school bus has provided safety for the children and reduced the rate of dropouts.



Students Council Elections at Utkarsha Learning Center

We, at Utkarsha Learning Center, have organized the school election for the children. The election process included nominations by the candidates. Then we enabled the children to cast their votes and elect their leaders. Children actively participated and were excited to elect their leaders.

Also, various portfolios were assigned to the elected leaders. It builds confidence among the children and makes them more efficient in decision-making abilities. And this will help us to bring leadership quality among the children.



Children involved in Painting Class

Along with academics children need other skills to grow and learn. Skills will help the children to explore themselves and provide the opportunity to achieve their goals. We at Utkarsha provide painting and other skill training to the children. Children actively participate and learn painting skills.



Utkarsha Learning Center conducted Parents Teacher Meeting

We at Utkarsha Learning Center organized a parents teachers meeting to discuss the progress of the children. The school provides the best facilities to the children so we conveyed the importance of proper utilization of the facilities provided. This interaction between teachers and parents will help to make the changes to improve children's performances.



Skill Training Session for Children

Skills empower children to develop their unique talents and abilities. Whether it's artistic, athletic, academic, or social skills, each skill contributes to their personal growth and self-esteem. Learning and honing new skills help children build confidence, explore their interests, and discover their passions. We provide various skills training and enable them to explore themselves.



International Yoga Day at Utkarsha Learning Center

Yoga has played a significant role in raising global awareness about its potential benefits for physical and mental health. It has been a vital part of a healthier and more balanced lifestyle. Adopting yoga practice from childhood will help the growing children to be fit and healthy.

We have adopted yoga practice in the school as well as in our care home. On the occasion of International yoga day children of Utkarsha Learning Center practiced yoga.

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Thank You

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