



feeding india

A ZOMATO GIVEBACK

**Impact Report of
DAILY
FEEDING
PROGRAM
November 2024**

A Message from the President

I am happy to share an update on the impactful activities and achievements of Mahesh Foundation over the past month. Our enduring partnership with Feeding India continues to play a transformative role in uplifting the lives of the children under our care.

This month, we remained dedicated to our mission of providing comprehensive care and support to vulnerable children, with a particular focus on addressing their nutritional needs. Thanks to the unwavering support from Feeding India, we've made remarkable progress in ensuring that no child in our care experiences the despair of hunger.

A key milestone has been the consistent provision of nutritious meals to the children attending our school and residing in our care home. These thoughtfully curated meals, made possible by Feeding India's generosity, have not only alleviated hunger but also contributed significantly to the health, growth, and well-being of the children.

As we reflect on these accomplishments, it is a testament to the power of collaboration and the profound impact of working together toward a shared vision. On behalf of everyone at Mahesh Foundation, I extend heartfelt gratitude to Feeding India for their steadfast support and dedication.

We are excited about continuing this journey of hope and transformation, and we deeply value this partnership in creating a brighter future for the children.

With warm regards,

Mahesh Jadhav
Founder

**Beneficiaries nurtured by
Mahesh Foundation
with the support of Feeding India**

Ashakiran Care Home Children	151
Utkarsha Learning Center Children	956
Aadhar Vidya Community Children	940

Meals Served	1,32,111
Breakfast Served	27,426
Lunch Served	27,426
Evening Snacks Served	49,833
Dinner Served	27,426

Meals Served (Girls)	73,511
Meals Served (Boys)	58,600
Total	1,32,111



Nutritional Impact:

At Mahesh Foundation, we prioritize the health and well-being of the children under our care. Through the support of Feeding India, we have been able to provide nutritious meals to our students in both the school and care home settings. The impact of these meals on the nutritional status of the children has been profound and positive.

1. Improved Health and Energy Levels: The nutritious meals provided by Feeding India have significantly contributed to improving the overall health of the children. With a balanced diet rich in essential nutrients, vitamins, and minerals, the children have experienced increased energy levels, enabling them to actively participate in academic, extracurricular, and daily activities.

2. Enhanced Growth and Development: Nutritious meals are fundamental for the physical and cognitive development of growing children. Through regular access to balanced meals, we have observed noticeable improvements in the growth parameters of the children, including weight gain, height development, and overall physical strength.



3. Boosted Immunity: A well-balanced diet plays a crucial role in strengthening the immune system, protecting children from illnesses and infections. By providing wholesome meals, we have witnessed a decrease in the frequency of illnesses among the children, leading to fewer absenteeism days from school and improved overall attendance.

4. Cognitive Function and Academic Performance: Proper nutrition is closely linked to cognitive function and academic performance. With access to nutritious meals, the children have demonstrated enhanced concentration, focus, and cognitive abilities, translating into improved academic performance and learning outcomes.

5. Development of Healthy Eating Habits: Through the provision of nutritious meals, we not only address immediate nutritional needs but also strive to instill healthy eating habits that will benefit the children in the long term. By experiencing the benefits of a balanced diet firsthand, the children are more likely to make healthier food choices and adopt nutritious eating habits in the future.



Celebrating Karnataka Rajyotsava at Utkarsha School

Karnataka Rajyotsava was celebrated with enthusiasm at Utkarsha School. Students showcased cultural performances, including traditional dances, songs, and skits that highlighted the beauty of Kannada language and Karnataka's unique traditions.

Exploring Geometry: Engaging Math Activity

At Utkarsha School, children engaged in a math activity focused on understanding shapes. The interactive session introduced various geometric shapes like squares, circles, triangles, and rectangles through colorful models, drawing exercises, and games. Teachers guided students in identifying the properties of each shape, such as the number of sides, angles, and symmetry.



Utkarsha School Students Explore Kanabargi Public Library.

Children from Utkarsha School visited the Public Library in Kanabargi as part of an educational exploration. This visit provided them with the opportunity to explore a vast collection of books and resources, encouraging their curiosity and love for learning. Guided by library staff, the children learned about the organization and function of the library.

Promoting Sustainability: Waste Management Activity at Utkarsha School

Children at Utkarsha School took part in an engaging Waste Management activity, where they learned about the importance of reducing, reusing, and recycling waste. Through hands-on activities, they gained valuable insights into sustainable practices, such as composting and reducing dry and wet wastes. This activity inspired them to adopt eco-friendly habits.



Guru Nanak Jayanti Celebrations at Utkarsha School

Utkarsha School celebrated Guru Nanak Jayanti, honoring the birth anniversary of Guru Nanak Dev Ji, the founder of Sikhism and a beacon of universal brotherhood. The event highlighted his teachings of equality, selfless service, and devotion.

Kanakadas Jayanti Celebrations at Utkarsha School: Honoring the Social reformer

Utkarsha School celebrated Kanakadas Jayanti honoring the life and teachings of the revered saint-poet and social reformer, Kanakadasa. The event highlighted his contributions to Kannada literature, spirituality, and his advocacy for equality and social justice. The celebration served as an inspiration to uphold unity.

Thank You



Thank you for your collaboration, generosity, and steadfast commitment to our mission. Together, we are creating meaningful change in the lives of vulnerable children, fostering their growth and enabling them to achieve their dreams.

